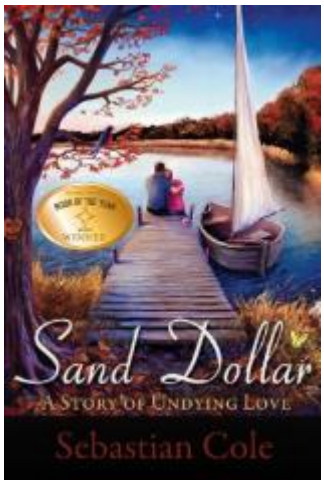
bookreporter

Sand Dollar: A Story of Undying Love

by Sebastian Cole



About the Book

Beverly Hills Book Award winner, ForeWord Reviews Book of the Year Award bronze winner, International Book Awards finalist, ForeWord Firsts debut literary competition finalist.

The story opens with Noah Hartman, 80 years old, lying on his deathbed recounting his life of love and loss to Josh, a compassionate orderly at the hospital. As Noah's loved ones arrive one by one, they listen in on his story, and we're transported back in time to Noah's younger years.

Though outwardly seeming to have it all, Noah, now 35, is actually an empty, lost, and broken man running on automatic pilot. He has no true identity due to having allowed his powerful, wealthy parents to manipulate, control, and brainwash him from a young age. With the threat of disinheritance and withholding love and approval if he doesn't comply with the plan they have for his life, Noah is lured in by the reward of great wealth and the illusion of running the family business empire some day.

Enter Robin, 25 years old, who --- in direct contrast to Noah --- is a vivacious, free spirit. Full of life and always living in the moment, Robin's love saves Noah by inspiring him to stand up to his parents and live his own life at all costs, reclaiming his true self.

They get married, and while snorkeling in the Caribbean, the captain of the boat warns them not to disturb anything in the sea. Ignoring the exhortation, Noah dives down and snags a sand dollar from the ocean floor, whereupon it explodes in his hand. With the fragile sand dollar taking on new significance, Robin inexplicably leaves Noah shortly after returning from their honeymoon. Like a passing breeze, she disappears out of his life without a trace, seemingly forever.

Years pass, and Noah still can't get Robin out of his mind and out of his heart. After all, the one he loved the most would forever be the one who got away. That's when he finds out about her hidden secret, the underlying condition responsible for her leaving. Noah has no choice but to move on with his life without her, meeting Sarah at the premiere of SAND DOLLAR, the movie he wrote about his time with Robin.

Years later, it's Noah and Sarah's wedding day, and Robin discovers a clue that Noah had surreptitiously inserted into the movie, inspiring her to race to the wedding to try to stop it. With the wedding in shambles, the scene jumps back to present day, with both Robin and Sarah placed in Noah's hospital room. But which one did he choose?

As Noah wraps up his story, he discovers a far greater truth about the past, present and future. Things are definitely not as they appear as the pieces of a shattered love are put back together in the remarkable final chapter of Noah's life.

Discussion Guide

1.The One Who Got Away. All of us could probably write a love story like SAND DOLLAR. That's because we've all experienced the loss of a loved one at some point in our lives. And for many of us, and for whatever reason, the one we loved the most was the one who got away. So what's your story? Does it have a "one who got away" in it? Did the note from Sebastian Cole's at the end of the book strike a chord?

2.A Story of Undying Love. SAND DOLLAR is more than just a story about the one who got away; it's a story about undying love. We've all had loved ones in our lives who are no longer with us, not just lovers or spouses, but grandparents, parents, children, siblings, close friends, etc. And just because we can't see them anymore, it doesn't mean that we've stopped loving them. On the contrary, they will forever occupy a special place in our hearts. When you love someone like that, does your love ever truly die?

3.Soul Mates. Does each person really have just *one*? What was it about Robin that was so appealing to Noah? Noah always knew that Robin was his soul mate. But why? After all, she kept leaving him. Noah could have had any woman he wanted, so why was it so hard for him to let go? Perhaps it was because Robin's love transformed him into a better person. Thanks to her, Noah was able to finally cut the cord with his parents and live his own life. Or perhaps it wasn't so much his brain that kept leading him back to her as much as it was his heart. And despite everything, Noah couldn't help but follow his heart. Perhaps we don't really choose love so much as love chooses us. Perhaps it's not exactly our choice…

4.What About Sarah? Noah came very close to marrying her. Sarah was more of a friend than a soul mate. However, his heart would always lie in Robin's hands. Do you think Noah should have married Sarah, instead of Robin? Considering the fact that Noah could never quite get over his one true love, Robin, do you think a marriage to Sarah would have been a happy one?

5."I Can Love You Like That…" If Noah were a singer, he'd probably enjoy singing that song by John Michael Montgomery. That's because Noah's heart has a tremendous capacity to love, capable of loving someone more than he loves himself. One of the things that separates SAND DOLLAR from the pack is that it's told from the point of view of the male, not the female. Most traditional publishers of Romance would just assume steer clear of this P.O.V., considering it taboo. So what's your take on the subject? A refreshing change of pace? A unique perspective? And what about all of that raw emotion coming from — of all things — a guy? Do men like Noah really exist? And if so, does society consider them weak and vulnerable? Or would you say that women secretly seek out such a man — someone who could love them like that?

6.The Moral of the Story.Noah starts off his narration with, "I had everything a man could possibly need — or so I thought." As it turns out, he had everything he could possibly need, except for one thing — Robin. And Robin was what he needed most. And so begins Noah's journey, a journey that ends with this realization: "You see, Robin had made me a better person. She had taught me what really matters in life, and for the last twenty-five years of my life… I felt alive." So, what, according to Noah, really matters in life? Noah gives us the answer a few paragraphs later, when he says, "I guess what I'm really trying to tell you is… we loved each other's souls, and as long as we had each other, we were happy. And in the end, that's all that really matters." Is this the moral of the story? Can you come up with any others? Which ones resonate with you the most?

- As long as you've got each other, material possessions are not that important. You've already got what matters most.
- Life is fragile, so cherish the blessings you have in your life while they're still right there in front of you.
- True love never dies. One way or another, love survives.
- We reap what we sow, making our own destiny in life.
- We don't choose love; love chooses us. It's not exactly our choice…
- With peaks of joy and valleys of heartache, life is a roller coaster ride that's both scary and exciting at the same time — the rise and fall of which defines our journey.
- Be true to yourself and your beliefs. Have faith.
- God is with us, even though we may not know it.

7.Sebastian's Quotes. A few of Sebastian's quotes have gone viral. Do you have a favorite? For more of his quotes, please visit http://sebastiancoleauthor.com.

- If someday you should ever think of me and miss me, know in your heart that I'd want you to find me once again. No matter how distant in time or space… FIND ME.

- The lesson learned: Never take your loved ones for granted. And if you're ever lucky enough to find that one person in life who makes you love more than any other person could possibly make you love, you treat every day together as if it were your last. You cherish every moment.

- "How about I give you three reasons? Morning, day, and night." Her eyes narrowed. "Stay… so every morning when I open my eyes, you'll be the first thing I see. Stay… so every day when I'm with you, I can show you all over again exactly how much you mean to me. And stay… so every night when you lay your head next to mine, you'll know… you'll know just how much you're loved." Her eyes drifted to the water as she thought for a moment, returning to look deep into Noah's eyes. "Okay, Noah… I'll stay."

- "You remember?" he asked incredulously. "What could you possibly remember?" he demanded, staring at her, impatient. The beauty from within her soul shined brightly through her loving eyes as she looked deep into Noah's now melting eyes. "I remember — I love you," she said in a soft voice, nervously biting her lip.

8.Symbolisms. They're an important aspect in SAND DOLLAR. Can you list them all without peeking at the answers below?

- The sand dollar: The fragile sand dollar represents life. An illusion of being solid and secure, it is anything but.

- The North Star: A beacon that guides one's soul toward another.

- The ark that Noah built: A vessel capable of transporting him and Robin to some faraway place, someplace new where they can start life all over again, for all eternity.

- A butterfly: After changing form from its previous state, the butterfly is free to simply flitter off with a passing breeze. Unfortunately for Noah, Robin has similar characteristics.

- A red robin: A red robin is a bird of flight that can never be caged.

- The ocean: Unsheltered freedom is what the ocean represents to Noah.

- Noah's lighthouse: His dreams and aspirations of living a life that reflects his true self.

- Fairy tales: *Cinderella*, *Prince Charming*, and *Pinocchio*. (I'll leave those up to you.)

9.What a Beautiful Cover ! Everyone loves the cover. The artist, Deborah DeWit, did an amazing job with it, don't you think? It's actually a pastel drawing, not a painting. To learn more about her work, please visit http://www.deborahdewit.com. The author, however, originally envisioned a snorkeling or boating scene for the cover, not a lake scene. Thanks to the artist's encouragement, the extremely romantic and intimate setting of a couple embracing at the end of a dock won out. And the author couldn't be happier with the results. This scene, however, doesn't reflect where the story begins; it reflects where it ends. While reading the book, did you find it odd that the cover didn't seem to fit the story until later on? Nevertheless, the cover includes some very important elements of the story. Can you pick them out? And did you realize that two of those elements couldn't possibly exist concurrently? Which two?

10. Reveals. One of Sebastian Cole's favorite reveals of all time is from the movie *Titanic*, when, after being rescued from the frigid ocean, Ruth sticks her hand in her jacket pocket and discovers the blue diamond that everyone's been searching for. Similarly, the author's favorite reveal in Sand Dollar comes when Robin finds an envelope on the pillow beside her head, revealing the rhinestone butterfly brooch from Noah's childhood. In staunch contrast to his mother, this reveal became that much sweeter when Robin came out of the cabin wearing it. Can you name some of the other reveals? Any favorites?

- Noah being already dead.

- Josh being God.

- Robin having a hidden secret: Borderline Personality Disorder.

- The details of Robin's past and the fate of the gunman.

- Robin's letter to herself, hidden in a manila envelope for all of those years.

- Noah's boat ending up in heaven.

- The pieces of the shattered sand dollar getting put back together in the end.
- Robin's trusted psychiatrist, Tony, being anything but trustworthy.
- How Robin spent all of her $257,000 inheritance.
- How Noah spent all of his inheritance.
- Who Olivia's real father is.
- Noah becoming an organ donor, after all.
- Who Noah ends up spending his life with: Robin or Sarah?

11. Love Them or Hate Them? One of the toughest challenges that the author faced while writing the story was getting the reader to like Robin's character. After all, if you don't like her, you're not going to root for Noah to end up with her. One tool that the author used was to have Robin "save the cat", if you will — a simple gesture, like saving a cat from a tree, that makes you like a character, right off the bat. This gesture occurs when Robin gives up her small office space so that a homeless family could have a place to stay. Also, how could you not like a person who selflessly donates her entire inheritance to a homeless shelter?

You liked her then, but probably not so much later on when she leaves Noah, not once, but THREE TIMES ! Yikes. To which you might have wondered,*What in tarnation is wrong with that woman*? Luckily, her upsetting pattern of behavior goes on to be fully explained when it's revealed that she has an illness that she can't control, which stems from traumatic events from her childhood. Furthermore, we learn that she is victimized by an unscrupulous psychiatrist who takes advantage of his influence over her for his own personal gain, convincing her to leave Noah, not once, but twice. Once it was revealed that her actions were not entirely her fault, you probably felt bad for her; but did you ever fully come around to liking her? Did the fact that Noah loved her as much as he did help persuade you?

And what about Noah? Raised with a silver spoon and living a privileged life, his actions in the beginning were materialistic and self-centered, underscored by his apathetic refusal to become a potential organ donor. But somewhere along his journey, he meets Robin, who encourages him to become the man she always knew him to be. As a result, his priorities change, and he realizes that the only thing he really needs is Robin. From beginning to end, Noah's character goes through a type of arc. And as you travelled that arc, you probably wanted to scream at Noah for making certain decisions. Perhaps you even threw the book across the room, only to pick it up to continue reading where you left off. Well, maybe not...

If the author was successful, he evoked a plethora of emotions in the reader, including anger, sadness, happiness, and joy. Sand Dollar is not just a tearjerker — it's an emotion jerker. But is it okay to both love and hate the main characters at different times? Is that even allowed in a romance novel? But before you answer, consider that, in real life, it's the ones we love the most who usually end up hurting us the most. Life never seems to go the way we plan. And with love, comes pain. Why should fiction be any different?

12. Unconditional Love. Noah attempted to walk the line between accepting his parents for who they are and living a life that he could call his own. Despite his parents' strong grip over him, Noah still loved his parents. And although they probably came across as being evil and self-serving, especially Miriam, her intentions were basically good, however misguided. No one is a perfect parent, nor is anyone a perfect son or daughter. We all make mistakes in our relationships; and we all have to deal with cards we never asked for. Noah knew that deep down his parents loved him in their own way, albeit with conditions attached. Noah, on the other hand, loved unconditionally. Is it really possible to have unconditional love for a person who has hurt us? And if so, is this a divine quality?

13. Harry *Who*? Remember Harry? A pretty insignificant character, wouldn't you say? Yet, after his conversation with Noah, Noah is determined to build the little sailboat after all, fulfilling the vow he once made to Robin. To refresh your memory, here's that conversation:

"The name's Noah."

"Oh, right… like in that book."

"You mean the Bible?"

"Yeah, that's the one…" Harry shot back. "The one where everybody thinks building an ark is such a crazy idea — everybody except for Noah. But Noah don't listen to nobody, cuz he has faith."

"Yeah, I guess he did."

"He sure showed them, huh?"

Noah nodded.

“Can you imagine how he must have felt when it finally started raining?” Harry remarked with insight in his eyes, giving Noah the once over and walking away.

As he reached the building, it started to drizzle. “Hey, Noah,” he called out, turning around with his palm extended. “Looks like rain.”

And while building his boat shortly after his conversation with Harry, Noah has this conversation with Miriam:

“That’s right, Mom. It’s an ark built just for two — Robin and me. Don’t ask me how, but I swear God told me to just have faith and build it. So someday when she returns, we can get in it together and be carried off to some faraway place, someplace new where we can start life all over again...”

Since Harry was Noah’s inspiration for building his boat, is the author saying that Harry somehow represents God? Or, like a fine work of art, is he leaving it up to interpretation?

14. So What’s in a Name, Anyway? The author chose the names of his characters very carefully. He obviously chose the name Noah because of his love for the ocean, not to mention the fact that he builds an ark ! He chose the name Robin because she’s like a red robin, free to take flight at any moment. And did you know that Joshua (Josh, for short) is one of the older biblical translations of Jesus? Josh, who’s an orderly at Mount Sinai (and we all know who Moses ran into there), has the odd last name of Numen. Do you know what “numen” means? Grab a dictionary to find out !

15. The Key to Josh. When Josh introduces himself to Noah at the beginning of the story, Noah thinks that Josh looks familiar. Is it a case of mistaken identity? Perhaps we sometimes come into contact with God in the people we meet, and in Noah’s case, that just might be Harry. Or perhaps Noah knows God more intimately than he thinks, while at the same time not being able to completely recognize him? And speaking of white linen robes, why was it so important for Josh to give him one? The answer lies tucked away in the pocket.

16. Okay, How Did I Miss *That* One? In heaven, imagine that time passes differently than here on earth. In the last chapter of the book, Noah’s soul presses the Up arrow and steps into an elevator, arriving in heaven a moment later. Just in case you missed it, how much time passed on earth while Noah rode the elevator? As a point of reference, recall that throughout all of the hospital scenes, Noah is eighty and Robin is seventy. Hint: The answer lies in the following passage, which takes place while Noah is in the elevator:

Josh is all alone in a hallway. He picks up the clipboard hanging on the side of his cart and puts on his glasses to read the next name on the list. He hangs the clipboard back up and pushes the cart down the hallway, passing Doctor Feldman, who now looks about twenty yearsolder. He stops at the next room and knocks lightly on the door, waits, then knocks again, this time louder.

“Please come in,” says the sweet voice of an elderly woman.

Josh pushes the door open with his cart and enters the room, taking a tray of food out from underneath it and placing it on a table extended out over a ninety-two-year-old woman, who is sitting up in her hospital bed.

“Thank you so much,” she says in a kind voice. “It’s exactly what I wanted,” she says, looking down at the dinner on her tray.

“My name’s Josh… Josh Numen,” he says, handing her a cup of wine. “What’s yours?”

“Robin…” she says, taking a sip of wine. “Robin Hartman,” she says with a pleasant smile. “Would you like to hear my story?”

17. Echoes. Did you happen to notice that the story ends in much the same way as it began, a kind of echo, if you will, with Josh knocking on the door to serve dinner? Wouldn’t it be nice if we could all have that opportunity someday, when all is said and done, to tell God our own unique story? And for that matter, think of all the real-life Joshes out there in hospitals all across the country, listening to strangers narrate their stories for the very last time, stories that one day could be our own.

18. Noah's Ark. With Robin cuddling up into Noah's loving arms as they sail off into the light, is this the perfect ending to a love story like this? Noah refers to his little boat as an ark. Compare that to the ark in the Bible, which was boarded by two of every species of animal in an attempt to avoid what would have otherwise been certain death, had they remained on land. With nothing in sight, the ark sails away, eventually coming to rest on a foreign peak. For those who made the passage, life now has a new beginning, one capable of sustaining itself for all eternity. Looking at it from this perspective, is it at all possible to interpret the biblical ark differently — not so much as a literal vessel that transported its passengers to a foreign land, but rather, a figurative one that transported the faithful to a place where their lives could flourish even after death, a place called heaven? Pretty deep for a romance novel, huh?

19."If You Build It, They Will Come." Inspired by the words of a seemingly insignificant homeless man, Noah builds his boat on blind faith, hoping for the inconceivable outcome that one day his long lost love would return to him. Does it remind you of that popular theme from Field of Dreams? And how does it relate to destiny? Do you think we make our own destiny in life?

20. The Hospital Scenes. The major plot twist in Sand Dollar is that the person telling the story, Noah, doesn't know that he's already dead. In fact, it's not exactly Noah who's telling the story; it's his soul. And unbeknownst to him, his actual body is lying in the hospital bed, brain dead and comatose, his heart kept alive by a respirator. As he narrates his story of love and loss to Josh, Noah's soul invariably discovers certain truths about the past, present, and future. What are these truths?

The hospital scenes scattered throughout the book are eventually repeated as one continuous scene at the very end, with the only difference being that Noah's body is now lifeless in the bed and Josh isn't there. So why was it necessary for the author to repeat the same hospital scenes twice? It's because there's a point toward the end of the book where the two timelines intersect, a point where the story being told catches up to the situation unfolding in the hospital room. The story then moves forward from there.

Throughout the hospital scenes, Noah is trying to remember something important that he previously needed to tell Robin. When he discovers that he is, in fact, already dead, he suddenly remembers what it was that he needed to tell her. He begs Josh for one more minute on earth with Robin. After Josh grants his wish in the form of a miracle, Noah's body comes back to life just long enough to remind Robin about the vow they had once made to each other involving the North Star. And with his final breaths, Noah utters, "On that day, you and I will simply sail away." Why was it so important for him to tell Robin this? Where is he suggesting that they'll sail to together? Is Noah really saying that he'll see Robin in heaven?

But we don't always get a chance to say good-bye to the ones we love. And as far as Noah is concerned, this wasn't the first time he had asked for that opportunity. Do you recall what happened earlier in the book when he asked Robin for the same concession: for one more minute to say good-bye? He wasn't as lucky that time. What does this say about Josh's character?

21."Little Gidding." Here's a review of Sand Dollar that compares the words from T.S. Elliot's poem, "Little Gidding", to Noah's journey in Sand Dollar. Do you agree with this interpretation? If so, how does it apply?

"I would not choose to read romantic fiction as a matter of course, but I would recommend this narrative most heartily because it touches on the theme of life being a journey, the start and the end of which is not of our choosing, but the duration of which challenges us at every step to make the right the decisions for ourselves, and those around us. And at the end of the journey, we arrive at an all too familiar place."

— Serendipities of Life

"We shall not cease from exploration

And the end of all our exploring

Will be to arrive where we started

And know the place for the first time."

— T.S. Eliot, "Little Gidding"

22. What a Beautiful Song ! Have you ever listened to I Will Be Here by Steven Curtis Chapman? You can find it on his All About Love album on iTunes, or visit http://stevencurtischapman.com for more information about the artist. Considered to be Christian/Gospel, his music is generally not as well known as music from other genres. Nevertheless, the song is the perfect backdrop to Noah's story of undying love and devotion. In fact, the song fits so well, you might think that the story was written from it. (That's not the case, however.) So, after listening to this heartfelt song, what are your thoughts? Do you think Steven Curtis Chapman's words, "I will be here", are meant to have more than just one meaning, suggesting that God, too, feels this way about us?

23. “I Will Be Here.” There’s one other person in Sand Dollar who says a slight variation of these words. Do you remember who it is? Here’s a hint:

Josh smiles approvingly as the doors begin to shut in front of me.

“Hey Noah…”

I press a button, and the doors open again.

“I’ll be here if you need me,” Josh states reassuringly.

“Yeah. Somehow I always knew,” I say, nodding my head with a subtle smile, feeling as if I’ve known him my whole life. “I just never admitted it… until now.”

The elevator doors shut, and I insert the key in the keyhole.

After feeling that God had abandoned him, Noah has a sudden change of heart. But why does he feel this way? How does he know that God was with him all along?

[BC21]

24. Sand Dollar, The Movie? Do you think Sand Dollar would make a good movie? The concept for Sand Dollar was originally developed as a movie treatment. The narration, written in italicized in the book, would be Noah’s voiceover in a movie. Which actors and actresses would you like to see play the roles of Noah, Robin, Josh, and the others?

25. Borderline Personality Disorder.Have you ever heard of it? Most people haven’t. Yet, it’s more prevalent than you’d think. In order to diagnose it, doctors have to look at someone’s long-term pattern of behavior. And even then, the symptoms are not so obvious. Do you think it’s possible for people with B.P.D. to overcome their disorder over time, to a point where it no longer controls their lives? By the way, Borderlines don’t actually suffer from “emotional amnesia” — that was artistic license — but they can surely act like it. Can you think of other books or movies that might have characters with symptoms consistent with B.P.**D.?** To learn more about Borderline Personality Disorder, here are a few helpful links:

- National Education Alliance for BPD (NEABPD), http://www.borderlinepersonalitydisorder.com
- Treatment and Research Advancements (TARA), http://www.tara4bpd.org/tara.html
- Borderline Personality Disorder Resource Center, http://bpdresourcecenter.org
- National Institute of Mental Health (NIMH), http://www.nimh.nih.gov/
- National Alliance on Mental Health (NAMI), http://www.nami.org

BPD Central, http://www.bpdcentral.com

Author Bio

Born and raised in New England, Sebastian Cole joined his family's business after graduating from Brown University in the 80s. A true romantic, his life is defined by following his heart and pursuing his dreams, which is why he has become a novelist. Sebastian writes from the heart, believing in true love, love at first sight, and finding the one person in life you're meant to be with.

Critical Praise

"SAND DOLLAR is one of those rare books that makes you feel, laugh and cry all at the same time. This smashing debut by Sebastian Cole reads like the best of Nicholas Sparks with just enough schmaltz. Moving and emotive, it’s every bit THE NOTEBOOK."

— Jon Land, bestselling author of STRONG AT THE BREAK

"In the vein of THE NOTEBOOK and numerous other classics, SAND DOLLAR proves once again that true love never dies."
— Marsha Oglesby, Hollywood producer

"SAND DOLLAR is a strong pick for general fiction and romance collections, highly recommended."
— *Midwest Book Review*

"Keep a tissue box close by while reading this evocative novel.SAND DOLLAR, a novel utterly heart-wrenching in its tragedy and absolutely gratifying in its resolution, won't leave your soul and your eyes dry."
— *Miss A*

"So to the hopeless romantics out there I say, Highly Recommended --- have at it, this is a must-read. To the snarling cynics like me who mentally have their arms akimbo and their eyebrow raised, I say pick up SAND DOLLAR: A Story of Undying Love and surprise yourself by discovering the romantic in you."
— *BookIdeas.com*

"Sebastian Cole has written a thought provoking and intriguing story in SAND DOLLAR… once the story hooked me, I could not put it down. I will say one thing, I did not see the ending of this one coming, and it brought tears to my eyes."
— Long and Short Reviews

"When I was told that this was the next great love story I was cynical, but it is totally true. Noah and Robin's story is the greatest love story I have ever read. This is a story that will touch you to the depth of your heart."
— *A Novel Review*

"This is a must read for anyone who loves pure romance. Get tissues and something to drink because you will need both."
— *Let's Talk Romance Reviews*

"SAND DOLLAR: A Story of Undying Loveis Sebastian Cole's debut novel, but I think he will have a long list of best sellers if he keeps going at this rate. Cole twists and turns this plot (which is why I couldn't put it down) to where you can't assume anything about the ending. You HAVE to read it. It will renew your faith in finding and keeping that one true love."
— Kate Patrick

"There are very few books which will touch the very depths of your soul. This is truly one of those books. This is one of those stories I'm going to cherish forever."
— *Read Your Writes*

"I'm trying to remember if there ever was a book like SAND DOLLAR that I read and as soon as I was done with it [I'm talking mere seconds after] that I just wanted to shout to the world and beg people to get it ASAP."
— bookworm2bookworm

Sand Dollar: A Story of Undying Love
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Publication Date: April 11, 2012
Genres: Fiction
Paperback: 246 pages
Publisher: Sebastian Cole LLC
ISBN-10: 0985115602
ISBN-13: 9780985115609